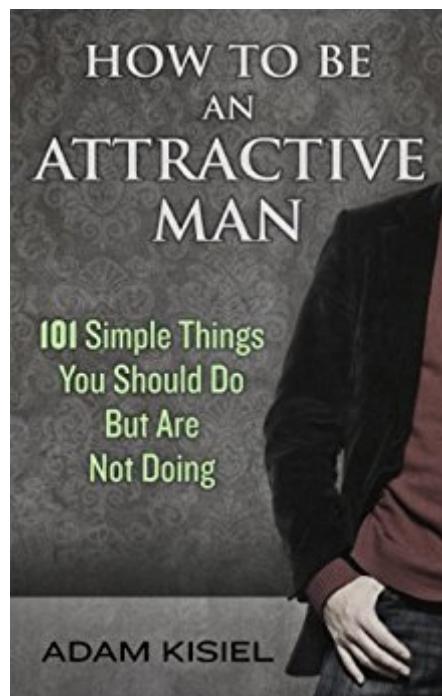


The book was found

How To Be An Attractive Man



Synopsis

"How to be an Attractive Man" is a book for men of any age who are searching for effective ways to look and feel better. 101 tips gathered across 45 pages have been divided into seven sections, applying respectively to face, body, personality, mind, clothing, hygiene & grooming and living habits. Some time ago, being a perfectly ordinary-looking guy, I was searching for methods to improve my appearance and have found an ocean of ideas, tricks, tips and advice, some obstreperous, some easy, some ridiculous, some brilliant. And some even depended on some quasi-psychological ways to influence other people's mind, which is complete nonsense. That search gave me food for thought, which in turn persuaded me to write this guide, because I wanted to select the methods are simple, effective, and depend entirely on you. When you want somebody to get interested in you, you usually think how to make her (or him) find you attractive. That is, you start thinking how to deal with the way they see you, and that approach is - and will always be - wrong (...) That's why this is not a handbook on how to deal with people, but a guide on how to deal with yourself. Because the only way for others to find you attractive is to become so. This is a book which aims to show you how to achieve that.--From the readers of the original title:"A very useful book. A lot of common sense" Markstonge78"Guess what - the tips worked, thanks!"

GroverDan"This is not the first handbook on this subject I have bought but the first one I found worth buying" Andrew_kermEnglish edition © 2011

Book Information

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#165 inÂ Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Beauty, Grooming, & Style

#223 inÂ Kindle Store > Kindle Short Reads > 90 minutes (44-64 pages) > Self-Help

Customer Reviews

I have read more books on picking up women and increasing confidence in social situations than I care to admit. Had I read this one first, I could have saved myself a great deal of time. The advice contained is coherent, practical and honest. The most logical way to approach your love life in order to improve it is to first become the man you want to be. Cultivate your own person before going out looking for someone else. Self cultivation is also a very good way to actually discover exactly what it is you want in another person. This book fits perfectly within that approach. It is invaluable to those getting started and a nice refresher for those of us who have read a lot of the books and lifted each of these behaviors from them. This book is unconditionally the foundation of everything you will ever need to know about interacting with women and men. If attracting women were akin to building a house, these are the blueprints.

It has some good advice, though not that detailed. Loved the practical ones. Had to laugh about the no porn advice.

I liked the simplicity of the points. One of the most realistic books about self development. Worth buying it. Bravo

This was a great book to remind yourself of all the (seemingly) common sense things we men forget about from time to time. The read is organized in a way that prevents readers from ever getting bored. I highlighted important and mind provoking excerpts from many sections and plan on flipping through every couple months to keep the ideas fresh in my mind. -Very happy

The book has some very good tips for men who are looking for a way to improve their self-confidence and esteem.

Not limited to men only, every one should take heed to this one. The world would be a better place.
All natural

The title says it all. Men interested in improving their lives should read this book. Indeed, it should

be required reading. It's quick and to the point AND worth the few bucks to buy it.

Lots of common sense stuff, but things men don't always think about. I think it's spot on.

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